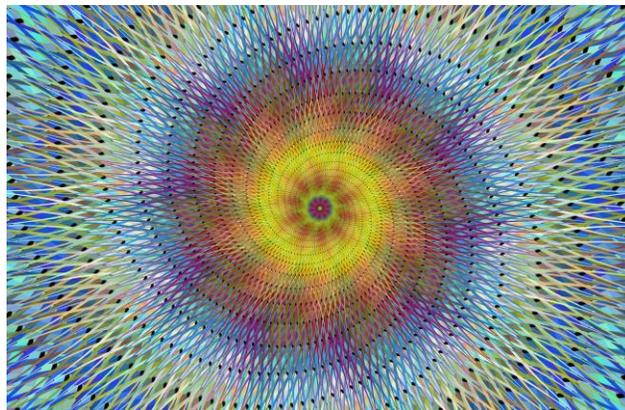# CONSTELLATION HEALING CIRCLES
RE-MEMBERING THE TRUE SELF
A Two-Day Workshop
27th & 28th June 2020

By the age of three many in our Western culture have lost touch with the true or authentic Self, soul, the inner guiding presence, inner navigator, the "still voice within," the inner teacher, to mention the various names given by different traditions to that essential aspect of each one of us. This disconnection is inevitable as we give up parts of our Self to adapt to the conditions of growing up in our families, tribe, and culture. Many of the issues people bring to counselling or Family Constellations workshops are symptoms of that disconnection.

Many people cope with that disconnection through addictions, illness, avoiding challenges, identifying with roles, and looking outside themselves for that essence within.

The Constellations process can reveal the many ways that we become disconnected from our essence, our True Self, and can reveal unconscious forces that influence us including unresolved issues in our ancestry, events in the womb and during birth, and unresolved traumas that have been hidden from awareness.

This workshop is an opportunity to take part in a group healing process where each person's issue is a gift to the group. It is an opportunity to take a step on the journey of re-connecting, or coming home, to one's authentic Self. The workshop can be gateway to entering the soul journey and a next step for those already on it.

FULL DETAILS AT: www.soul-guide.com

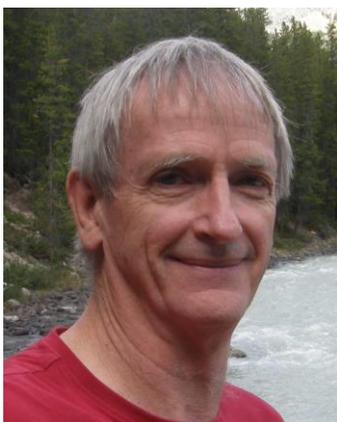|	
Dates:	*Saturday 27th & Sunday 28th June 2020*
Times:	*9 am – 5 pm each day*
Fees:	***$250.00*** *Early bird:* ***$225.00*** *by 1st June 2020* ***$100.00 deposit to hold your place*** *Fees are non-refundable after 1st June* ***All prices are in Canadian dollars***
Location:	***PROVIDENCE RENEWAL CENTRE*** *3005 – 119 Street NW, Edmonton, Alberta, Canada* *The centre offers very reasonably priced meals and accommodations* *www.providencerenewal.ca*
Registration:	***contact JONATHAN HOOTON*** *(780) 426-1508 jonathan@soul-guide.com*

The Workshop will take place in the context of an indigenous healing, or talking, circle which provides a safe, non-judgmental setting for this work. Participants have the opportunity of looking at issues that are troubling in current life. They can also support other participants by representing, standing in for, key persons or elements in their issue in the constellations process. We will also discuss and use other methods of exploring the disconnection from Self.

The workshop is an opportunity to take part in a group healing process where each person's issue is a gift to the group. It is an opportunity of taking a step on the journey of re-connecting, or coming home, to one's authentic Self.

Jonathan Hooton, PhD, SEP has extensive professional training and experience over the last thirteen years in Family and Systemic Constellations, having taken professional trainings with the founder Bert Hellinger and other international teachers. He has been teaching this approach for ten years. He presented an integrated approach to working with trauma at the North American Systemic Constellations Conference in November 2015 and has published articles on trauma (2016) and shame (2019) in The Knowing Field, the English Language journal of Systemic Constellations. His work is grounded in body-centred therapies including Somatic Experiencing® trauma therapy, Integrative Body Psychotherapy, Pre- and Perinatal development, Specialized Kinesiology, and Soul Counseling. He facilitates frequent Family Constellations workshops and trainings, and teaches personal development and self-awareness classes using these modalities. He has a private practice seeing individuals, couples and families facing relationship, trauma, depression, anxiety, suicide, grief, illness, life-purpose, disconnection and identity issues.