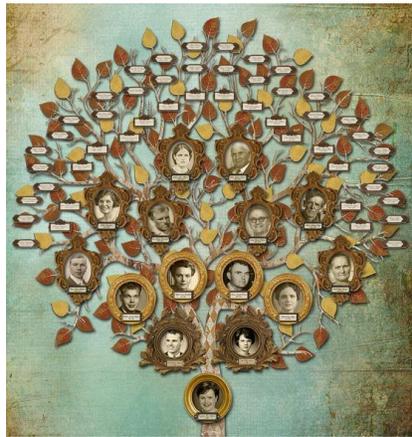


# FACILITATOR TRAINING

## FAMILY & SYSTEMIC CONSTELLATIONS

**An Experiential Trauma-Sensitive Approach**  
**4 FIVE-DAY SESSIONS IN 2021**



This 20 day training is for those participants wanting to learn about facilitating constellations in either a group or one-on-one process, constellation facilitators who want to deepen their facilitation skills and personal growth, and for those who want to pursue their own personal growth.

There are many similarities between working with an individual and with a group. The initial focus will be on the participant's own embodied processes and on understanding and experiencing the role of presence and co-regulation on the human nervous system in the creation of safety, first in one-on-one situations and then in group processes, and in resolving trauma in the individual and in the family system. The training will incrementally broaden perceptual and relational skills from working with an individual to working with groups. It is by experiencing and understanding our own embodied processes and nervous system adaptations that we are able to recognize and relate to those processes in the people who come for our help. It is in the context of safety, that trauma, whether personal or generational, is most effectively healed.

The training will include an experiential understanding of the foundational principles of Bert Hellinger's Orders of Love, Orders of Helping and Levels of Conscience, family and relational dynamics, attachment or bonding ruptures, self-, auto-, and co-regulation, and intergenerational grief and trauma resolution in order to support greater love, belonging, flow, resilience, and growth in life.

**FULL DETAILS AT: [www.soul-guide.com/training.html](http://www.soul-guide.com/training.html)**

**Dates:** Monday 1<sup>st</sup> – Friday 5<sup>th</sup> March 2021  
Monday 7<sup>th</sup> – Friday 11<sup>th</sup> June 2021  
Monday 13<sup>th</sup> – Friday 17<sup>th</sup> September 2021  
Monday 6<sup>th</sup> – Friday 10<sup>th</sup> December 2021

**Times:** 9 am – 5 pm each day

**Fees:** **\$3400 for the full 20 day training**  
First early bird: \$3000 by 31<sup>st</sup> December 2020  
Second early bird: \$3100 by 31<sup>st</sup> January 2021

**OR: \$850 for each module due one month before class starts**

**\$250 deposit to hold your place**  
Non-refundable after 31<sup>st</sup> December 2020.  
**All prices are in Canadian dollars**

**Location:** **PROVIDENCE RENEWAL CENTRE**  
3005 – 119 Street NW, Edmonton, Alberta, Canada  
The centre offers very reasonably priced meals and accommodations  
[www.providencerenewal.ca](http://www.providencerenewal.ca)

**Registration:** **contact JONATHAN HOOTON**  
(780) 426-1508      [jonathan@soul-guide.com](mailto:jonathan@soul-guide.com)



**Jonathan Hooton, PhD, SEP** has extensive professional training and experience over the last thirteen years in Family and Systemic Constellations, having taken professional trainings with the founder Bert Hellinger and other international facilitators including Francesca Mason Boring, Jane Peterson, Mark Wolynn, and Sneh Victoria Schnabel. He has been teaching this approach for ten years. He presented an integrated approach to working with ancestral and individual trauma at the North American Systemic Constellations Conference in November 2015. His work is grounded in body-centred therapies including Somatic Experiencing<sup>®</sup> trauma therapy (SE), Integrative Body Psychotherapy (IBP), Pre- and Perinatal (PPN) development, Specialized Kinesiology, and Soul-Counseling. He facilitates frequent Family Constellations workshops, and teaches personal development and self-awareness classes using these modalities. He has a private practice seeing individuals, couples and families facing relationship, trauma, depression, anxiety, suicide, grief, illness, life-purpose, disconnection and identity issues.

[www.soul-guide.com](http://www.soul-guide.com)