

# FACILITATOR TRAINING

IN

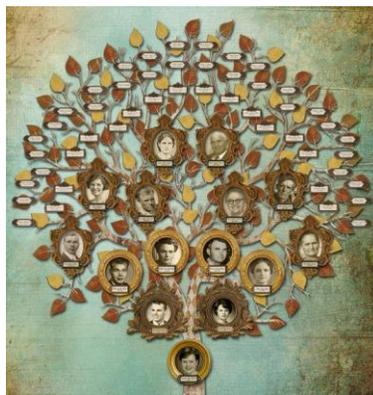
## FAMILY & SYSTEMIC CONSTELLATIONS

An Experiential Trauma-Responsive Approach

4 FIVE-DAY SESSIONS IN 2023

IN

IN HALIFAX, NOVA SCOTIA, CANADA



This 20 day training is for those participants wanting to learn about facilitating constellations in either a group or one-on-one process, constellation facilitators who want to deepen their facilitation skills and personal growth, and for those who want to pursue their own personal growth.

There are many similarities between working with an individual and with a group. The initial focus will be on the participant's own embodied processes and on understanding and experiencing the role of presence and co-regulation on the human nervous system in the creation of safety, first in one-on-one situations and then in group processes, and in resolving trauma in the individual and in the family system. The training will incrementally broaden perceptual and relational skills from working with an individual to working with groups. It is by experiencing and understanding our own embodied processes and nervous system adaptations that we are able to recognize and relate to those processes in the people who come for our help. It is in the context of safety, that trauma, whether personal or generational, is most effectively healed.

The training will include an experiential understanding of the foundational principles of Bert Hellinger's Orders of Love, Orders of Helping and Levels of Conscience, family and relational dynamics, attachment or bonding ruptures, self-, auto-, and co-regulation, and intergenerational trauma, grief, and shame resolution in order to support greater love, belonging, flow, resilience, and growth in life.

FULL DETAILS AT: [www.soul-guide.com/training.html](http://www.soul-guide.com/training.html)

*Dates: Monday 20<sup>th</sup> – Friday 24<sup>th</sup> February 2023  
Monday 12<sup>th</sup> – Friday 16<sup>th</sup> June 2023  
Monday 11<sup>th</sup> – Friday 15<sup>th</sup> September 2023  
Monday 27<sup>th</sup> November – Friday 1<sup>st</sup> December 2023*

*Times: 9 am – 5 pm each day*

*Fees: \$4000 for the full 20 day training  
EARLY BIRD: \$3800 by 31<sup>st</sup> December 2022*

*OR:  
\$1100 for each module due one month before class starts*

*\$250 deposit to hold your place  
Refunds, less \$250, available until 31<sup>st</sup> December 2022  
All prices are in Canadian dollars*

*Location: To be announced  
Halifax, Nova Scotia  
Canada*

*Registration: contact ROCHELLE WILCOX  
Phone #902.221.1491  
Email [dr.rwilcox@gmail.com](mailto:dr.rwilcox@gmail.com)*



Jonathan Hooton, PhD, SEP has extensive professional training and experience over the last sixteen years in Family and Systemic Constellations, having taken professional trainings with the founder Bert Hellinger and other international facilitators including Francesca Mason Boring, Jane Peterson, Mark Wolynn, and Sneh Victoria Schnabel. He has been teaching this approach for twelve years and presented an integrated approach to working with ancestral and individual trauma at the North American Systemic Constellations Conference in November 2015.

His work is grounded in body-centred therapies including Somatic Experiencing trauma therapy (SE), Integrative Body Psychotherapy (IBP), Specialized Kinesiology, Pre- and Perinatal Development (PPN), and Soul-Counseling. He facilitates frequent Family Constellations workshops, and teaches personal development and self-awareness classes using these modalities. He has a private practice seeing individuals, couples and families facing relationship, trauma, depression, anxiety, suicide, grief, illness, life-purpose, disconnection and identity issues.

[www.soul-guide.com](http://www.soul-guide.com)